



MERRY CHRISTMAS FROM THE FORBES'

Forbes Family Follow Up

December 2008

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Thank You for praying for our family during this past year.
What a year of change it has been!

Change for Karen's Mom and Dad.

In late May and early June, a series of events occurred. Jim had successful hernia surgery and Ellie was in a hospital psychiatric unit for respite care. While there she fell and fractured her pelvis. Ellie is now in a local nursing home receiving full time care. Just a week before we went to Zambia at the end of June, a place was found for her at Chelsea Park Nursing home, in a special unit for Alzheimer patients. Karen's Dad, Jim, goes to the home from late afternoon to 9 pm each day. Ellie likes to walk around the halls of the unit and even though she doesn't know who we are she likes to hold someone's hand at all times. Jim still lives at home here with us, trying to adjust to his "new kind of normal." We celebrated Ellie's 80th birthday with a reception at the home in late September. Those who have walked this path already know the depths of the emotion that we have been experiencing.



Kaitlyn with Susan Kongwa in Lusaka

Kaitlyn went to Zambia this Summer

Kaitlyn (15 yrs old) is cruising through the first semester of grade 10 with a 90+ average. She played on the basketball team for the first two months and has just made the cut for the volleyball team. In July, we traveled to Zambia with Kaitlyn and a posse of her friends. Our oldest daughter, Sharon, and her good friend Kayla Stiller helped to lead the team, while Karen and I were along to make sure they didn't get eaten by lions. Kaitlyn and her friends worked very well together in various projects from painting to childcare. Our Zambian friends are excellent hosts who never fail to have a positive word to say, and show unflagging dedication to the children in their care. It is always a privilege to spend time with them. Please accept our thanks for providing finances and prayer as we have taken these teams of young people (and adults too!) to Africa.

Daniel is wearing a leg brace.

Daniel is in grade 11 and has had an eventful year in sports. Back in the spring, he injured his knee while playing field lacrosse. At the beginning of September, he underwent surgery for ruptured ACL, torn meniscus, and damaged MCL. Ten weeks later he has long since emerged from his wheel chair, recently hung up his crutches, and is "enjoying" physiotherapy. In the not too distant future, he hopes to get rid of the large steel leg brace he wears daily. He cannot play sports until March, but is happy to be back at his part time job at the arena. Daniel has completed the classroom part of drivers education and is now doing the "in car" phase. He is a conscientious driver.

Sharon is in her final year at Liberty University in Virginia

Sharon is in her graduating year at Liberty University in Virginia, USA. Her program is Criminal Justice and Strategic intelligence. She has applied with The International Justice Mission to do an internship after graduation. If that goes ahead, she will work in an IJM office overseas for nine months to a year. Both last year and this year she has served as a residence advisor (RA), and this year she is also working in the school's recruiting department. Thanks to God's provision of these jobs and summer employment, and the help of friends, Sharon will graduate debt free with a 4 year college degree.



Daniel in Grade 11

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Jenny is in Guatemala

In April Jenny finished her first year at York University in Toronto where she studied International Development. For the summer months she worked at North Park church here in London as an intern in the children's ministry department. Rather than return to University at this time she has been in *Guatemala* since early October. She is thoroughly enjoying her Spanish language studies in the city of Antigua. In January she will move on to *Costa Rica* where she will be part of a **Youth With A Mission** group for the next 5 months. She will be able to put her Spanish to good use with outreach opportunities there. For the last few weeks York University (in Toronto) has been on strike so no classes are happening anyway – so it was a good time to be somewhere else.

Jenny has about half the money needed to fund this mission in Costa Rica. YWAM does not issue tax receipts for these short term outreach ministries. However, if you would like to help Jenny with that ministry, you can send a cheque to our house and we will deposit it in her account. She will not be coming home at Christmas, just going straight from language study in Guatemala to Costa Rica.



Jenny and Sharon Summer 2008

Kids Alive News

While in Zambia this summer **Karen** was dubbed the "Minister of gifts and packing." Along with a group of dedicated women here in Ontario, Karen ensures that the many donated items get safely delivered to Zambia. She not only helps to organize and fund raise for the teams that go, but she ensures that each team member takes two fully loaded hockey equipment bags when they travel to Africa. When the airline gives us permission, some get to take three bags! Karen also helps to pack a large shipping container each year as money allows. Karen and others also put time and effort into our annual London fund raising banquet in early October. This year our special guests were Mary and Manuely Nyumbu. In spite of many invitations getting lost in the mail, approximately 400 people attended the banquet and gave or pledged over \$50,000. Your financial support for this ministry is building a chain of interlinked lives that have been saved, strengthened and made to flourish. It is a remarkable legacy to the power of God at work when many people band together to make Him famous and not themselves. **Thank you so much!**

**Karen has been dubbed the
"Minister of gifts and packing"**

Donations for support can be sent to
Kids Alive Canada, 55 Fleming Drive,
Cambridge, ON, N1T 2A9, or called in on the phone: 1-866-839-5437

Scott's Book Available

The easiest way to get a copy of my book is to go to my website www.saveyourhusband.com and click on the "add to cart" button. Once you pay for it with your credit card I will get a notice from PayPal and send the book to you. If you live outside Canada, the best way to order is go to www.amazon.com, search for it by title, and have it shipped by Amazon.

The ISBN number is 978-0-557-01052-3

This journey through depression and back to health has been life changing. If I can help you by speaking to a group at your church, school or workplace, don't hesitate to call. The greatest gift that depression has given me is a faith in Jesus that has been tried, tested and proven sufficient to carry me through the valley of the shadow of death.

Writing this book has been a way of trying to share some practical help with others. Anyone who has struggled with depression in any form, and those who have wished they could help a friend who suffers from this awful illness, would benefit from reading Save Your Husband and visiting the web site.

